

Staebel Navigator Forearm Walker User Manual

Product Code: 6782



GENERAL INFORMATION

Dear Customer,

This user manual contains a description of the medical device and important guidelines to ensure correct and safe use of the product. It is important to read this manual carefully prior to use. It is especially important to read the safety requirements and follow these. Staebel continuously develops its products and reserves the right to change the specifications and functions of products without notice. If you have any queries please contact your dealer or Staebel directly. Contact information is located on the last page of this manual.

INTENDED USAGE, INDICATIONS & CONTRA INDICATIONS

Intended usage: The rollator has been designed as a tool to assist walking for people who have mobility problems, for example with standing, walking or sitting independently. Thanks to rollator these people can stand, walk and rest easily and they can fulfil most of their daily tasks and routines without assistance from others. Any other usage is prohibited.

Indications: The device is specifically designed for individuals who, due to a wide variety of possible health problems, require additional stable support during walking.

Contraindications: The device must not be used by users who have serious problems with body balance or who's muscle strength is too low to be able to stand and walk, even with the extra support of a rollator. The need and possibility of usage of a rollator by the user should always be assessed and indicated by a doctor or physiotherapist.

DELIVERY & GENERAL PRODUCT DESCRIPTION

The rollators are supplied in boxes and come folded, for easier transportation.

The contents are:

- 1 complete, folded rollator
- 1 user's manual

The Unilite Navigator is a four wheel, light weight rollator with a cross foldable frame. Structure of the rollator is made of aluminum. Thanks to that it is light. Its max. user's weight is 150 kg. The rollator is equipped with large wheels which enable good stability, flexibility and manoeuvrability. It is possible to adjust forearm supports' height to fit them to user's height. Push handles can be adjusted front/back to be fitted to user's forearms length. Device is equipped with comfortable, soft seat, that allows user to rest. The bag attached under the seat helps with easy carriage of groceries and other small items. The rollator is equipped with brakes that allows user to control speed and movement of the rollator.

SECURITY REQUIREMENTS

Make sure that this users manual is read by all people who use the device. The manufacturer does not take any responsibility for damages and/or injuries caused by the fact that the user's manual has not been followed. Limitations for usage

- The device must not be loaded with more than 150 kg.
- The device's bag has a load limitation of 5 kg.
- The device is designed to be used indoor and/or outdoor on flat surfaces.
- The device is not intended to be self-propelled while seated
- The brakes **MUST** be in the locked position **BEFORE** using the seat.

Avoiding accidents

- Use the device only for the purpose it is intended for.
- Use the device only in good technical condition.
- Avoid making constructive changes to the device, unless you have the manufacturer's written acceptance for such modifications.
- During different adjustments which are possible on the device, the user must take care not to trap their fingers or other body parts between two moving elements of the device
- The device must only be used indoors and on a stable surface.
- All wheels MUST be in contact with the floor at ALL TIMES during use. This will ensure the rollator is properly balanced and should avoid accidents.
- When using the rollator in a stationary position the hand brakes MUST be locked.



Caution Fingers

Be careful when you see this symbol on the device. Fingers or other body parts of a user and/or assistant can be trapped between the device's parts during folding, unfolding or adjusting of the device. Be extremely careful when adjusting the device. Observe the dimensions of gaps between the device's elements to avoid trapping your fingers or other body parts.

PRODUCT DETAILS

1. Push Handle
2. Brake Handle
3. Locking knob for depth adjustable push handle
4. Handle Profile for height adjustable push handle
5. Red Locking button for frame holding
6. Shopping Bag
7. Turning Wheel
8. Forearm Support
9. Lock release pulling strip (pull here to fold)
10. Seat Tube (push here to open & lock it)
11. Locking knob for height adjustable forearm support
12. Seat
13. Folding castor
14. Brake



USAGE

Looking at the picture above the device should be prepared for use in an instinctive way. We recommend you follow the steps below:

Initial Check

In the first instance take the device out of the box and check (using the picture above) that nothing is missing. If you discover at this stage that some part is missing or damaged do not continue to assemble the product. Contact your supplier of the product right away.

Opening of the rollator

- Push the red button which is locking the seating tubes
- Hold both seat tubes and simultaneously push them down until you hear a “click” sound of the locking mechanism of the frame. Try to pull the seat tubes back up to fold the frame. If this is impossible to do the frame is opened and secured correctly. See the OPEN position in the image beside.



After unfolding or assembling the rollator always ensure that the seat support is securely locked by the pulling strip mechanism for securing the lock and that the frame does not move anymore.

- Always ensure that both push handle tubes are securely locked in the main support tube with the two wing knobs to prevent the accidental sliding in of the push handle tubes when forced.
- Always test to see that accessories are properly and safely locked in place BEFORE using.
- Failure to follow these warnings can result in personal injury.

Folding

- Lift the pulling strip on the seat up to fold the rollator.
- Fold the rollator until the red button locks.

Adjusting the height of the forearm supports

- Release the height locking knob,
- Make adjustments to your desired height.
- Tighten the knob.



- Both supports should be adjusted to the same height.
- The correctly adjusted underarm supports should be located on the height of user's elbow when standing with arms directed downwards

Adjusting the length of the push handles

- Release the handle's length locking knob,
- Make adjustment to your desired length, so it is easy and comfortable to grab the handle.
- Tighten the knob.

Using the hand brakes

- TO STOP THE ROLLATOR simply pull the brake handles up towards the hand grips.
- TO REMAIN STATIONARY hold the brake handles in the "UP" position.
- TO START MOVING release the brake handles. They will drop down automatically and the brakes will be released.



You should always engage the breaks when you don't plan to move the device.

- Never leave the device without the breaks engaged when there is someone sitting in it!
- Never leave the device on slopes without the breaks engaged!
- Never sit too much to the rear. Do not sit (partly) above the shopping bag.
- Always sit straight up when seated on the rollator with your forearms or hands lightly resting on the push handles
- Never lean backwards when seated on the rollator.
- Never leave unattended device without the breaks on.

Locking/Unlocking the hand brakes

- To lock the brakes push the brake handles down until you can hear the "click" sound.
- To unlock the brakes pull the brake handles up until you feel them loosen.



- When using the rollator in a stationary position, the hand brakes **MUST** always be locked.

CLEANING

General

- Clean the device regularly and keep it clean.
- Lighter dirt and dust can be removed with a wet cloth.
- Larger parts of dirt can be removed with a non-corroding, mild washing agent and warm water.
- Do not use harsh abrasives or bleach based cleaners, as this may cause damage or discolouration.
- Dry parts with a soft cloth.

Wheels

- Clean wheels with warm water and a mild cleanser. Dry with a clean rag.
- Lubricate with multi-purpose oil periodically or if wheels begin to squeak.

LABEL

The product label is placed on one of the bottom tubes of the main frame. It includes important information about the product: name, serial number, production date, item number, max user's weight, shopping bag's max load, product width, size and manufacturer's data. The label should be never removed from the device.

TRANSPORT DESCRIPTION

The rollator is an easily foldable product, convenient for transportation. If it is necessary to transport it we recommend to fold it as dangerous movements of the transported device.

MAINTENANCE

- Ensure that every part of the rollator is secure at ALL times.
- Check all screws for tightness. If not, tighten if necessary.
- Replace any broken, damaged or worn items immediately.

REUSE

The walker is suitable for re-use. Before passing on to another user it must be subject to an inspection by the specialist dealer. The following points have to be checked:

- Visual inspection of the frame
- Secure seating of nuts and bolts
- Condition of the plastic elements
- Condition of wheels and ball bearings
- Effectiveness and condition of the brakes

When one of the parts is damaged or broken it must be replaced by a new. It is recommended to replace the wheels whenever a change. All loose bolts and nuts must be tightened. The product must be thoroughly cleaned and disinfected prior to reuse.

The instruction manual must accompany the rollator with every change.



WARNING! It is forbidden to re-use the rollator when the frame is bent or broken.

HOW TO DISPOSE THE PRODUCT

The device should not be disposed with normal garbage. It should be delivered to the disposal station for re-use or recycling.

WARRANTY

- The manufacturer offers a 2 year guarantee for errors in production. The guarantee is not valid by misintended use of the product.
- In case of technical problems please contact your dealer. You can also contact Staebel directly.

Specifications

Product Code	6782	Seat Height	620 mm
Length	680 mm	Arm Supports Height	993 - 1247 mm
Height Folded (Lowest)	993 mm	Wheels (Diameter x Width)	200 x 32 mm
Overall Width (Open)	620 mm	Total Weight	9.3 kg
Overall Width (Folded)	270 mm	Shopping Bag Max Load	5 kg
Seat Width	460 mm	SWL	150 kg